




May 2024

COMFORT COVE Memory Care

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p>DURATION OF ACTIVITIES: Each activity lasts for 30 minutes unless noted otherwise. (1) = 1 hour</p>	<p>PET THERAPY IN THE COMMONS: Every Wednesday at 3:30</p>	<p>1 9:30 Courtyard Stroll 10:00 Snack & Exercise w/ Bea 11:00 Brain Games/ Spelling Bee 1:30 Bus Trip (Williamsburg) 3:00 Word In A Word w/ Helen 4:00 Fluff & Fold / Country Music 7:00 Andy Griffith Show</p>	<p>2 9:30 Garden Group—Seed & Weed 10:30 Sit & Stretch / Snacks 11:30 Bible Study & Hymn Music 1:00 Relaxing Music 2:00 Walkers & Wheelers Stroll 3:00 Family BINGO/ Fresh Fruit 4:00 Team Sports (Corn Hole)</p>	<p>3 10:00-12:00 Porch Activities Music, Puzzles,Games,Snacks 1:00 Audio Reading 2:00 Fit Minds / Snacks 3:00 Arts & Crafts (Rock Painting) 4:00 Bodies In Motion/ Jokes 7:00 Wheel Of Fortune</p>	<p>4 10:30 Cornhole in the Courtyard with Catalyst Church (1) 1:30 Bingo 3:00 Classic TV 4:00 Fluff & Fold</p>
<p>5 10:00 Sunday Morning Devotions 11:00 Hymn Sing Along 1:30 World Outreach Church 3:00 Puzzles 6:00 Hallmark Family Movie</p>	<p>6 9:30 Relaxing In Our Gazebo 10:00 3 Laps Around Courtyard 11:00 Snacks & Finish The Phrase 1:00 Romantic Movie/ Popcorn 2:30 Word Search/ Visual Trivia 3:30 Fluff & Fold / Music 7:00 Me T. V & Snack</p>	<p>7 10:00 Walkers & Wheelers 10:30 Snack & Sing Along 11:00 Exercise w/ 2 lbs. Weights 1:00 Relaxing To Short Stories 2:00 Snacks & Guess What ??? 3:00 Beauty Care Hair & Nails 4:00 Exercise with Ball / Reminisce</p>	<p>8 9:30 Courtyard Stroll 10:00 Snack & Exercise w/ Barbara 11:00 Brain Games/ Honey Bee 1:30 Bus Trip (Local Parks) 3:00 Word In A Word w/ Helen 4:00 Fluff & Fold / R & B Music 7:00 Andy Griffith Show</p>	<p>9 9:30 Garden Group—Planting 10:30 Sit & Stretch / Snacks 11:30 Bible Study & Hymn Music 1:00 Relaxing Music 2:00 Walkers & Wheelers Stroll 3:00 Family BINGO/ COOKIES 4:00 Team Sports (Volleyball)</p>	<p>10 10:00-12:00 Porch Activities Music, Puzzles ,Games,Snacks 1:00 Audio Reading 2:00 Fit Minds / Snacks 3:00 Arts & Crafts 4:00 Bodies In Motion/ Jokes 7:00 Wheel Of Fortune</p>	<p>11 10:00 Volleyball 10:30 Word Game 1:30 Bingo 3:00 Classic TV 4:00 Fluff & Fold</p>
<p>12 Mother's Day 10:00 Sunday Morning Devotion 11:00 Hymn Music 3:00 Puzzles 6:00 Hallmark Family Movie</p>	<p>13 9:30 Relaxing In Our Gazebo 10:00 3 Laps Around Courtyard 11:00 Snacks & Finish The Phrase 1:00 Romantic Movie/ Popcorn 2:00 Music By Billy Mitchell (1) 3:30 Fluff & Fold / Music 7:00 Me T. V & Snack</p>	<p>14 10:00 Walkers & Wheelers 10:30 Snack & Sing Along 11:00 Exercise w/ 2 lbs. Weights 1:00 Relaxing To Short Stories 2:00 Snacks & Guess Who ??? 3:00 Beauty Care Hair & Nails 4:00 Exercise with Ball / Reminisce</p>	<p>15 9:30 Courtyard Stroll 10:00 Snack & Exercise w/ Faye 11:00 Brain Games/ Animal Bee 1:30 Bus Trip—Buckroe Beach 3:00 Word In A Word w/ Helen 4:00 Fluff & Fold / Love Songs 7:00 Andy Griffith Show</p>	<p>16 9:30 Garden Group—Butterflies 10:30 Sit & Stretch / Snacks 11:30 Bible Study & Hymn Music 1:00 Relaxing Music 2:00 Walkers & Wheelers Stroll 3:00 Family BINGO/Candy Bars 4:00 Team Sports (Ring Toss)</p>	<p>17 10:00-12:00 Porch Activities Music, Puzzles,Games,Snacks 1:00 Audio Reading 2:00 Music by Sentimental Journeys (1) 3:00 Arts & Crafts 4:00 Bodies In Motion/ Jokes 7:00 Wheel Of Fortune</p>	<p>18 10:00 Volleyball 10:30 Word Game 1:30 Bingo 3:00 Classic TV 4:00 Fluff & Fold</p>
<p>19 10:00 Sunday Morning Devotions 11:00 Hymn Sing Along 1:30 World Outreach Church 3:00 Puzzles 6:00 Hallmark Family Movie</p>	<p>20 9:30 Relaxing In Our Gazebo 10:00 3 Laps Around Courtyard 11:00 Snacks & Finish The Phrase 1:00 Romantic Movie/ Popcorn 2:30 Word Search / Visual Trivia 3:30 Fluff & Fold / Music 7:00 Me T. V & Snack</p>	<p>21 10:00 Walkers & Wheelers 10:30 Snack & Sing Along 11:00 Exercise w/ 2 lbs. Weights 1:00 Relaxing To Short Stories 2:00 Snacks & Guess Why ??? 3:00 Beauty Care Hair & Nails 4:00 Exercise with Ball / Reminisce</p>	<p>22 9:30 Courtyard Stroll 10:00 Snack & Exercise w/ Katy 11:00 Brain Games/ Family Bee 1:30 Scenic Bus Trip—Smithfield 3:00 Word In A Word w/Helen 4:00 Fluff & Fold/ Big Band Music 7:00 Andy Griffith Show</p>	<p>23 9:30 Garden Group—Weeding 10:30 Sit & Stretch / Snacks 11:30 Bible Study & Hymn Music 1:00 Relaxing Music 2:00 Walkers & Wheelers Stroll 3:00 Family BINGO/ Cookies 4:00 Team Sports (Basketball)</p>	<p>24 10:00-12:00 Porch Activities Music, Puzzles,Games,Snacks 1:00 Audio Reading 2:00 Monthly Celebration with Music by Roberto (1) 3:00 Arts & Crafts (Door Decor) 4:00 Bodies In Motion/ Jokes 7:00 Wheel Of Fortune</p>	<p>25 10:00 Volleyball 10:30 Word Game 1:30 Bingo 3:00 Classic TV 4:00 Fluff & Fold</p>
<p>26 10:00 Sunday Morning Devotions 11:00 Hymn Sing Along 1:30 World Outreach Church 3:00 Puzzles 6:00 Hallmark Family Movie</p>	<p>27 Memorial Day 9:30 Relaxing In Our Gazebo 10:00 3 Laps Around Courtyard 11:00 Snacks & Finish The Phrase 12:30 Memorial Day Cook Out 2:30 Word Search / Visual Trivia 3:30 Fluff & Fold / Music 7:00 Me T. V & Snack</p>	<p>28 10:00 Walkers & Wheelers 10:30 Snack & Sing Along 11:00 Exercise w/ 2 lbs. Weights 1:00 Relaxing To Short Stories 2:00 Snacks & Guess Where ??? 3:00 Beauty Care Hair & Nails 4:00 Exercise with Ball / Reminisce</p>	<p>29 9:30 Courtyard Stroll 10:00 Snack & Exercise w/ John 11:00 Brain Games/ Math Bee 1:30 Bus Trip—Yorktown) 3:00 Word In A Word w/ Helen 4:00 Fluff & Fold / Jazz Music 7:00 Andy Griffith Show</p>	<p>30 9:30 Garden Group (Watering) 10:30 Sit & Stretch / Snacks 11:30 Bible Study & Hymn Music 1:00 Relaxing Music 2:00 Walkers & Wheelers Stroll 3:00 Summer BINGO/ Fresh Fruit 4:00 Team Sports (Kick Ball)</p>	<p>31 10:00-12:00 Porch Activities Music, Puzzles Games,Snacks 1:00 Audio Reading 2:00 Fit Minds / Snacks 3:00 Arts & Crafts (Collage) 4:00 Bodies In Motion/ Jokes 7:00 Wheel Of Fortune</p>	<p>ALL ACTIVITIES ARE SUBJECT TO CHANGE SUPPLIES ARE ACCOUNTED FOR AND STORED AFTER EACH ACTIVITY</p>