


**ASSISTED LIVING
INDEPENDENT LIVING**

May 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>LOCATION KEY: C=Commons W=West Living Room D=Dining Room E=East Living Room ACR=Arts & Crafts Room CR= Conference Room</p>	<p>G= Game Room CR= Conference Room CY=Courtyard IL = Independent Living</p> 	<p>DURATION OF ACTIVITIES: Each activity lasts for 30 minutes unless noted otherwise. (1) = 1 hour</p>	<p>1 10:00 Bible Study (1) C 10:00 Wal-Mart (90 min) 11:00 Hymn Singing C 1:30 Bingo (1) D 3:00 Yoga & Meditation C 3:30 Visit with "Skipper" C</p>	<p>2 10:00 Exercise w/Weights C 10:45 Gardening Club (1) CY 2:00 Mike Haywood (1) C 3:00 Courtyard Stroll CY 6:00 Jigsaw Puzzles G/E</p>	<p>3 10:00 Cornhole (1) C 11:00 May IQ Trivia C 1:00 Bus Ride (1) C 2:00 Baking Club (1) ACR 3:30 Chair Yoga & Soulspace Meditation C</p>	<p>4 10:00 Book Club (45 min.) CR 10:30 Cornhole in the Courtyard with Catalyst Church (1) D 1:30 Bingo with Sheryl (1) D 3:00 Chat in the Courtyard 6:00 Puzzles or Games G</p>
<p>5 10:00 Morning Devotion ACR 10:30 Outdoor Stroll 2:00 Worship with World Outreach Church (1) W 3:30 Word Search ACR 6:00 Jigsaw Puzzles G/E</p>	<p>6 10:00 Yoga & Meditation C 10:30 Spin & Solve (1) C 2:00 Wild Birds Unlimited Presentation (1) C 3:30 IL Prayer Group (1) CR</p>	<p>7 10:00 Exercise w/ Weights C 10:00 Catholic Communion CR 10:30 Fit Minds (1) C 1:30 Visit Therapy Dogs C 2:00 Resident Council Mtg. C 3:00 Book Club (45 min) CR 3:30 AL Prayer Group (1) W</p>	<p>8 10:00 Bible Study (1) C 11:00 Hymn Singing C 1:30 Bingo (1) D 3:00 Yoga & Meditation C 3:30 Visit with "Skipper" C</p>	<p>9 10:00 Exercise w/Weights C 10:45 Gardening Club (1) CY 2:00 Mike Haywood (1) C 3:00 Courtyard Stroll CY 6:00 Art Sheets or Word Puzzle ACR</p>	<p>10 10:00 Mary Kay Ladies Spa w/ Barbara Redner (90min) C 1:00 Bus Ride (1) C 2:00 Ladies Tea (1) CR 3:30 Chair Yoga & Soulspace Meditation C</p>	<p>11 10:00 Book Club (45 min.) CR 11:00 Bucketball C 1:30 Bingo with Sheryl (1) D 3:00 Chat in the Courtyard 6:00 Puzzles or Games G</p>
<p>12 Mother's Day 10:00 Worship & Communion with Shawn (1) W 2:00 Worship with Victory Life Church (1) W 3:30 Jigsaw Puzzles G/E 6:00 Art Sheets ACR</p>	<p>13 10:00 Yoga & Meditation C 10:30 Spin & Solve (1) C 2:00 Billy Mitchell (1) D 3:30 IL Prayer Group (1) CR</p>	<p>14 10:00 Catholic Communion CR 10:00 Leslie & Kittens (1) W 11:00 Poetry Reading w/Neill W 2:00 Michael Crabill (1) W 3:30 AL Prayer Group (1) W</p>	<p>15 10:00 Bible Study (1) C 10:00 Dollar Tree (90 min) 11:00 Hymn Singing C 1:30 Bingo (1) D 2:00 Men's Club (1) 3:00 Yoga & Meditation C 3:30 Visit with "Skipper" C</p>	<p>16 10:00 Exercise w/Weights C 10:45 Gardening Club (1) CY 2:00 Mike Haywood (1) C 3:00 Courtyard Stroll CY 6:00 Jigsaw Puzzles G/E</p>	<p>17 10:00 Cornhole (1) C 11:00 Jeopardy Trivia C 1:00 Bus Ride (1) C 2:00 Sentimental Journeys (1) D 3:30 Chair Yoga & Soulspace Meditation C</p>	<p>18 10:00 Book Club (45 min.) CR 11:00 Volleyball C 1:30 Bingo with Sheryl (1) D 3:00 Chat in the Courtyard 6:00 Puzzles or Games G</p>
<p>19 10:00 Morning Devotion ACR 10:30 Outdoor Stroll 2:00 Worship with World Outreach Church (1) W 3:30 Art Sheets ACR 6:00 Jigsaw Puzzles G/E</p>	<p>20 10:00 Visit with "Boomer" C 10:30 Spin & Solve (1) C 2:00 Emergency Procedures Review (1) C 3:30 IL Prayer Group (1) CR</p>	<p>21 10:00 Austin's Health Seminar (1) C 10:30 Fit Minds (1) C 2:00 Painting w/Purpose (1) ACR 3:30 Book Club (45 min) CR 3:30 AL Prayer Group (1) W</p>	<p>22 10:00 Bible Study (1) C 11:00 Hymn Singing C 1:30 Bingo (1) D 3:00 Yoga & Meditation C 3:30 Visit with "Skipper" C</p>	<p>23 10:00 Exercise w/Weights C 10:45 Gardening Club (1) CY 2:00 Mike Haywood (1) C 3:00 Courtyard Stroll CY 6:00 Art Sheets or Word Puzzle ACR</p>	<p>24 10:00 Cornhole (1) C 11:00 Categories Word Game C 1:00 Bus Ride (1) C 2:00 Monthly Celebration with Roberto (1) D 3:30 Chair Yoga & Soulspace Meditation C</p>	<p>25 10:00 Book Club (45 min.) CR 11:00 Ring Toss C 1:30 Bingo with Sheryl (1) D 3:00 Chat in the Courtyard 6:00 Puzzles or Games G</p>
<p>26 10:00 Worship with Shawn (1)W 10:30 Outdoor Stroll 2:00 Worship with World Outreach Church (1) W 3:30 Jigsaw Puzzles G/E 6:00 Word Search ACR</p>	<p>27 Memorial Day 10:00 Yoga & Meditation C 10:30 Spin & Solve (1) C 11:30 Memorial Day Cookout 2:00 Book Club (45 min) CR 3:30 IL Prayer Group (1) CR</p>	<p>28 10:00 Exercise w/ Weights C 10:00 Catholic Communion CR 10:30 Fit Minds (1) C 2:00 "Birth of Freedom" ZOOM Presentation (1) C 3:30 AL Prayer Group (1) W</p>	<p>29 10:00 Bible Study (1) C 10:00 Thrift Shop (90 min) 11:00 Hymn Singing C 1:30 Bingo (1) D 3:00 Yoga & Meditation C 3:30 Visit with "Skipper" C</p>	<p>30 10:00 Exercise C 10:30 Words in a Word C 2:00 Mike Haywood (1) C 3:00 Courtyard Stroll CY 6:00 Jigsaw Puzzles G/E</p>	<p>31 10:00 Cornhole (1) C 11:00 Random Trivia C 1:00 Bus Ride (1) C 2:00 LCR Dice Game (1) G 3:30 Visit in the Gazebo</p>	<p>ALL ACTIVITIES ARE SUBJECT TO CHANGE SUPPLIES ARE ACCOUNTED FOR AND STORED AFTER EACH ACTIVITY</p>